

## Daily Breakfast Specials

|         |   |
|---------|---|
| OCT. 1  | HONEY BUN / APPLE SLICES                            |
| OCT. 4  | MINI CINNI'S / CRAISINS                             |
| OCT. 5  | FRENCH TOAST BAR / ORANGE JUICE                     |
| OCT. 6  | MINI CHOCOLATE MUFFINS / BANANA                     |
| OCT. 7  | STRAWBERRY UNCRUSTABLE / APPLE JUICE                |
| OCT. 8  | DOUBLE CHOCOLATE BAR / GRAPES                       |
| OCT. 11 | CONCHA / CRAISINS                                   |
| OCT. 12 | BLUEBERRY PANCAKES / ORANGE JUICE                   |
| OCT. 13 | BANANA MUFFIN / GRAPES                              |
| OCT. 14 | OATMEAL CHOCOLATE CHIP BAR / APPLE JUICE            |
| OCT. 15 | STRAWBERRY POP-TART / APPLE SLICES                  |
| OCT. 18 | ULTIMATE BREAKFAST ROUND / CRAISINS                 |
| OCT. 19 | <b>NEW!</b> CINNAMON ROLL / ORANGE JUICE            |
| OCT. 20 | PIZZA POCKET / BANANA                               |
| OCT. 21 | BLUEBERRY MUFFIN / APPLE JUICE                      |
| OCT. 22 | BREAKFAST BAR                                       |
| OCT. 25 | BANANA CHOCOLATE CHIP BAR / CRAISINS                |
| OCT. 26 | <b>NEW!</b> CHICKEN SAUSAGE SANDWICH / ORANGE JUICE |
| OCT. 27 | <b>NEW!</b> APPLE FRUDEL / BANANA                   |
| OCT. 28 | MINI MAPLE WAFFLES / APPLE JUICE                    |
| OCT. 29 | HONEY BUN / APPLE SLICES                            |

### Daily Breakfast Choices:

- Farm Fresh Fruit
- Frozen Fruit Cups (Tues. & Thurs. Only)
- Muffin Variety
- Cereal Variety
- Mini Donuts (Chocolate & Powdered)
- Hash browns (Mon. & Fri. Only)
- Juice (Tues. & Thurs. Only)

### Daily Milk Choices:

- Non-Fat Chocolate
  - 1% White

# High School-BIC OCTOBER Menu

## Grab & Go:

Monday:

Uncrustable Energy Box

Tuesday:

Baja Wrap

Wednesday:

Spicy Chicken Salad  
w/Tapatío Ranch

Thursday:

Chef Salad

Friday:

Spicy Chicken Salad  
w/Tapatío Ranch

## Condiment Choices:

Syrup | Ketchup | Mustard | Mayonnaise |  
Ranch Dressing | Tapatío Sauce | Soy Sauce

## Daily Lunch Specials

|         |  |
|---------|--|
| OCT. 1  | BURGER BUDDIES                                 |
| OCT. 4  | PRETZEL DOG                                    |
| OCT. 5  | KUNG PAO CHICKEN W/CHOW MEIN NOODLES           |
| OCT. 6  | WET COMBO BURRITOS (TURKEY MEAT & RED SAUCE)   |
| OCT. 7  | POPCORN CHICKEN W/MASHED POTATOES, CORN & ROLL |
| OCT. 8  | *PEPPERONI PIZZA POCKET                        |
| OCT. 11 | CHEESY PULL-A-PART BREAD W/MARINARA            |
| OCT. 12 | <b>NEW!</b> SANTA FE CHICKEN SANDWICH          |
| OCT. 13 | <b>NEW!</b> CALIFORNIA BURGERS                 |
| OCT. 14 | GREEN CHILI CHICKEN ENCHILADAS W/RICE & BEANS  |
| OCT. 15 | <b>NEW!</b> MINI CHICKEN CORNDOGS W/FRIES      |
| OCT. 18 | CHEESE RAVIOLI W/GARLIC KNOTS                  |
| OCT. 19 | SPICY QUESADILLA                               |
| OCT. 20 | TERIYAKI BEEF W/RICE & VEGETABLES              |
| OCT. 21 | SPAGHETTI W/MEATBALLS & ROLL                   |
| OCT. 22 | FRANKFURTER BEEF HOTDOG                        |
| OCT. 25 | SPICY CHICKEN TENDERS W/FRIES & ROLL           |
| OCT. 26 | CHILI CHEESE NACHOS                            |
| OCT. 27 | OVEN FRIED CHICKEN W/MASHED POTATOES & GRAVY   |
| OCT. 28 | CHICKEN TAMALES W/RICE & BEANS                 |
| OCT. 29 | BURGER BUDDIES                                 |

### Daily Lunch Entrée Choices:

- Cheeseburger
- Spicy Chicken Sandwich
- Teriyaki Chicken w/Rice Box
- Orange Chicken w/ Rice Box
- \*Pizza Hut Pepperoni Pizza (Mon/Wed/Fri. Only)
- Wild Mike's Deep Dish Cheese Pizza

### Daily Lunch Side Choices:

- Seasoned Pinto Beans
- Chip Variety (Mon. & Fri. Only)
- Farm Fresh Fruit
- Fresh Vegetable Cup
- Frozen Fruit Cup Variety (Tues. & Thurs. Only)
- Garden Salad
- Seasoned Curly Fries
- Raisels Variety